

## Online National Induction 4.0 for Institute of National Importance with Sri Sri Ravishankar

Dear all,

The upcoming National Induction 4.0 event featuring the esteemed presence of Gurudev Sri Sri Ravi Shankar Ji scheduled to take place on August 21<sup>st</sup> at 5.15 PM at Sports Complex, NIT Silchar.

The primary focus of National Induction 4.0 is to empower students with effective techniques to manage stress and cultivate a balance and healthy state of mind. Gurudev Sri Sri Ravi Shankar Ji, a renowned spiritual leader, will guide us in this transformative journey.

By participating in this event, you will gain valuable insights and practical tools to navigate life's challenges with a calm and centred approach.